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## RESOURCES

**A' Famosa** A fortress in Malacca with a rich history. It is previously known as Porta de Santiago, and was built by the Portuguese in 1511 after they landed in Malacca and defeated the locals.

**ABC Bay** A long sandy beach in Tioman Island filled with rustic and affordable chalets for visitors wanting to enjoy the island's cool water and sun.

**Air Asia** is a Malaysian-owned and Asia's first budget and no-frills airline.

**Asam Laksa** A spicy type of soup consisting of mackerel fish and asam (or tamarind), giving it a sour taste. Usually eaten with thick white rice noodles.

**Aur Island** This island paradise, together with Dayang, Pinang, Lang and Pemanggil islands, make up the Johor Marine Park. Aur is popular for its natural beauty and crystal clear water, making it a perfect destination to dive and snorkel.

**Ayam** Chicken

**Beach Garden Resort** is located on Pantai Cenang, one of the best beaches in Langkawi Island. Highly rated by travelers, this resort offers clean and spacious rooms.

**Black Sand Beach** A beach in Langkawi Island consisting of streaks of black sand. Legend has it that a mermaid turned the beach black when a fisherman stole her magic ring.

**Bidor** A town known for its juicy guava fruits, and offers a brief stopover for travelers heading toward Lumut and Pangkor Island.

**Blue Coral Island Resort** is located in Lang Tengah Island and is a popular resort for divers because of the many dive sites located just minutes away from the resort.

**Borneo** is located in Southeast Asia, and is shared among Malaysia, Indonesia and Brunei. The part belonging to Malaysia is called East Malaysia and is where the Malaysian states of Sabah and Sarawak lie.

**Bubu Long Beach Resort** is located on Perhentian Kecil Island's Long Beach. It's a deluxe hotel that offers sea-facing rooms. Each room is equipped with air-condition, hot shower, and ceiling fan. The resort has various restaurants serving local and western food.

**Cameron Highlands** A refreshing mountain region and home to many highland resorts, tea plantations and attractions such as a strawberry park, rose gardens and a butterfly farm. Cameron is also a major supplier of fresh vegetables to Malaysia and Singapore.

**CCB** Acronym for Chow Cibai, a Chinese vulgarity.

**Cenang Beach** See Pantai Cenang.

**Char Koay Teow** Rice noodles that is fried with pork lard, shrimps, bean sprouts, chives, eggs and Chinese sausages. This dish is a Penang specialty.

**Cherating** is a long stretch of beach about 50km north of Kuantan and is home to the first Asian Club Mediterranean. It is also a backpackers' haven as the shoreline is dotted with hotels, chalets, restaurants and handicraft shops.

## Resources

**Chukai** literally means “tax” in Malay. This small town in Terengganu is well known for its seafood, especially stuffed and baked crabs. Not surprisingly, a fishing village sits just outside the town.

**Cibaimahaihamkachan** A Chinese vulgarity.

**CKT** See Char Koay Teow.

**Congkak** A traditional board game for two players usually played with shells or pebbles. This game is believed to have originated from either Africa or the Arab world.

**Coral Bay** A stretch of beach located on Perhentian Kecil Island with plenty of coral reefs, making it perfect for snorkeling. In the evenings, one will get to witness perfect sunset views. Also known as Teluk Aur.

**Dahl** A delicious and spicy Indian stew prepared from peas, beans and lentils.

**Dayang Bunting Island** Located south of the main Langkawi Island, Dayang Bunting makes an interesting island hopping stop. Made popular by its legendary freshwater lake, many tourists flock there for a dip in its cool water.

**Dayang Island** This island is part of the Johor Marine Park. Dayang is one of the most isolated islands from Peninsular Malaysia, a good 4-5 hours boat ride from the nearest mainland town of Mersing. Blessed with crystal clear water, this island makes a perfect diving and snorkeling vacation.

**Fauna Beach Resort** Located in Perhentian Besar Island, this resort has 21 rooms with fans and attached bathrooms. Restaurants serve local and western cuisines.

**Gambang** A small town in Pahang along the East Coast Highway linking Kuala Lumpur and Kuantan. There was a proposal to make this town the site for the development of a cyber city.

**Gebeng** An industrial town in Pahang north of Kuantan and a mere 10 minutes drive from Cherating.

**Gecko Guesthouse** is a 10-room backpackers’ resort on the western side of Langkawi Island and about 100 meters away from the popular Cenang Beach.

**Gemia Island** Located 15 minutes from Marang (by boat) and just next to Kapas Island, Gemia is used as a turtle hatchery. It is also a natural nest site for eagles and many other bird species.

**Genting Highlands** is a hill resort about 2000 meters above sea level. For families, it offers a theme park, loads of entertainment, hotels and an 18-hole golf course. For the high roller, Genting boasts of a world-class casino.

**Georgetown** Capital of Penang, and one of Malaysia’s largest cities with many colonial shophouses and historical buildings. The city is a melting pot of different cultures making it a food haven where a wide variety of delicious Malay, Chinese and Indian cuisines can be found.

**Gunung Mat Chincang** One of the two popular mountains in Langkawi Island. The Langkawi Cable Car takes you right to the top of this mountain where you can appreciate spectacular sights of the entire Langkawi archipelago.

**Hockchew** A Chinese ethnic group originating from the Fujian province in China.

**Hokkien** A Chinese dialect.

**Hot Boys Fishing** Operator of a Kelong off Sibu Island. Contact information: Tel: +65-98803436, Email: hotboys@kelongfishing.com Website: <http://www.kelongfishing.com>

**Kajang** A town south of Kuala Lumpur, famous for its Satay. See Satay.

**Kapalai Island** See Sipadan Island.

**Kapas Island** Known for its white powdery sands and clear emerald sea, Kapas is a diving and snorkeling haven located about 4 miles from Marang jetty.

**Karak** A town in the state of Pahang, famous for durians and durian tarts. Accessible from Kuala Lumpur via the scenic Karak Highway. Travelers from Kuala Lumpur usually use this highway en route to the east coast.

**Kedah** Also called the “Rice Bowl of Malaysia”, Kedah has miles and miles of rice fields, stretching as far as your eyes can see. The popular Langkawi Islands lie off the western shores of this state.

**Kelong** A wooden structure or house built on stilts right in the middle of the sea, and originally used for commercial fishing. Now, a Kelong is a much sought after holiday destination for both anglers as well as those who simply want a relaxing stay by the sea.

**Kerteh** One of Terengganu’s oil industry cities, Kerteh is about 2 hours drive from Kuala Terengganu.

**Kiasu** is a Hokkien word for 'afraid of losing'.

**Kinabalu National Park** is where the majestic Mount Kinabalu, the highest mountain in South East Asia, rises. The park is also home to some of the riches and most diversified flora and fauna on earth.

**Kinabatangan River** is the longest river in Sabah, and the forest on either side of this river is home to a large variety of wildlife such as elephants, proboscis monkeys, orangutans, deer, and etc.

**KL** See Kuala Lumpur.

**KL Sentral** is Kuala Lumpur’s new and ultra modern railway station. It is also the city’s transportation hub complete with offices, hotels, retail outlets and condominiums.

**Klang Valley** is an area in Malaysia covering Kuala Lumpur and its suburbs, and is the heart of the country’s business and industry.

**KLCC** A city within a city, KLCC is a mix of commercial, retail, hotel, residential and entertainment facilities in the heart of Kuala Lumpur. It is also where the spectacular Petronas Twin Towers are located. The Suria KLCC mall, located at the foot of the Twin Towers, is an award winning and one of the world’s best shopping centers.

**KLIA** See Kuala Lumpur International Airport.

**Kluang** A mid-sized town in the state of Johor, Kluang has the charm of an old town featuring a cool looking train station and delicious local coffee, half boiled eggs and toasted bread.

**Komuter Train** A fast and efficient public transport serving more than 40 stations, and catering to commuters in Kuala Lumpur and its surrounding areas like Rawang, Port Klang and Seremban.

## Resources

**Kota Bahru** is the capital of Kelantan. This quiet town is a good place to sample traditional Malay culture. One of its main attractions is the Kota Bahru market where one can find an exotic plethora of local food and products on sale.

**Kota Kinabalu** Previously known as Jesselton, Kota Kinabalu is the capital of Sabah, and a gateway to the rest of the state. Major attractions nearby include the Tunku Abdul Rahman Marine Park, Sunday market and Mount Kinabalu National Park.

**Kota Mahsuri** A spot in Langkawi Island where the righteous maiden Mahsuri was buried.

**KT** See Kuala Terengganu.

**Kuah** The main town and commercial center in Langkawi Island, complete with duty-free shops, shopping malls, hotels, restaurants and fast food joints.

**Kuala Besut** Gateway to the Perhentian Islands, Kuala Besut is a fishermen's village in Terengganu. The town is located in between Kota Bahru and Kuala Terengganu.

**Kuala Lumpur** The capital of Malaysia. KL, as it's more commonly known, has grown from a small village to a bustling city with modern office towers, mega shopping malls and five-star hotels. However, KL's rich history is not lost in the name of modernization as the city naturally merges the country's past and present.

**Kuala Lumpur International Airport** One of the most advanced airports in Asia, KLIA is Malaysia's international airport. The airport is located approximately 75km south of Kuala Lumpur.

**Kuala Perlis** A fishing village in the state of Perlis, and a departing point for the Langkawi Islands.

**Kuala Terengganu** The capital of Terengganu, this town is situated on the east coast of Peninsular Malaysia. Commonly known as KT, it has grown dramatically since oil was discovered in the region. The town is also a gateway to the many east coast islands such as Perhentian, Redang and Kapas.

**Kuantan** The capital of Pahang, this city boasts of many attractions including splendid beaches. Handicrafts, batik and delicious fish crackers can be found here. The famous Cherating beach is also just a short drive from Kuantan.

**Laguna Beach Resort** is located on one of the best beaches in Redang Island. It has more than 200 rooms complete with full resort amenities.

**Lang Tengah Island** Off the coast of Terengganu, this popular island boasts of crystal clear water, coral reefs, white sandy beaches and a well-preserved marine life, making it a haven for divers.

**Langkawi Island** A tropical paradise off the coast of Kedah, and popular among holiday seekers. There are actually a total of 99 islands making up the archipelago, with Langkawi being the largest island.

**Langkawi Cable Car** gives you a ride up Gunung Mat Chincang. See Gunung Mat Chincang.

**Lanting Beach Resort** Located 65 miles off Mersing, Johor, this resort, located in Pemanggil Island, is a great destination for fishing enthusiasts. Other nearby islands are Aur and Dayang.

**Layang-Layang Island** An atoll, about 300km north of Labuan, Sabah,, Layang-Layang is a diving and fishing paradise with clear warm waters and an astonishing variety of marine life.

**Lemon Grass Chalets** An affordable and quaint chalet-style accommodation next to the beach in Perhentian Kecil Island. Lemon Grass is popular among backpackers.

**Long Beach** Located in Perhentian Kecil Island, Long Beach is a long and wide stretch of lovely beach. The beach is very popular among tourists, both local and foreign.

**Long Beach Resort** See Bubu Long Beach Resort.

**Lumut** is a gateway to Pangkor Island. It also has a stretch of beach well-liked by campers, and is great for swimming and canoeing. A sea festival is held in Lumut annually.

**Mabul Island** See Sipadan Island.

**Mahsuri** In local folklore, Mahsuri is a beautiful maiden wrongly accused of adultery and sentenced to die.

**Malacca** A state in southwest Peninsular Malaysia, Malacca is a popular tourist destination (especially for Singaporeans) because of its rich cultural heritage and most notably, scrumptious Nyonya cuisine.

**Malaysia** A modern country in South East Asia and home to some of the most stunning tropical islands, national parks, modern cities, multi-cultures and food.

**Malaysian Airline System** is the national carrier of Malaysia.

**Maran** A town in Pahang and also home to the Bekelah Forest Reserve, where visitors can enjoy its waterfalls and virgin jungle.

**Marang** is a fishing village in Terengganu and gateway to Kapas Island.

**MAS** See Malaysian Airline System.

**Merang** is a traditional fishing village in Terengganu and gateway to islands like Redang and Lang Tengah.

**Mersing** A bustling coastal town in Johor and gateway to islands like Tioman, Pemanggil, Sibul, Aur and Dayang.

**Mid Valley Megamall** A hugely popular mall located in the Klang Valley, wedged in between Kuala Lumpur and Petaling Jaya.

**Monkey Bay** A white sandy beach in Tioman Island which is perfect for swimming and sunbathing.

**Moonlight Chalet** is located on the popular Long Beach in Perhentian Kecil Island. The resort comes with 28 rooms, basic amenities and restaurants that serve local and western cuisines.

**More More Tea Inn** A colorful souvenir and tea shop near the Laguna Beach Resort in Redang Island. The Inn was made very popular by a Hong Kong movie called Summer Holiday.

**Nan** A type of bread baked in a traditional Tandoor oven, and loved by Malaysians. Nans are served piping hot, sometimes with butter, garlic or cheese.

## Resources

**National Park** is home to the oldest tropical rainforest in the world. Totally protected by the government, it has over 10,000 species of plants and 250 types of birds. Jungle trekking, white-water rafting, fishing and nature walks are just some of the few exciting activities one can experience there.

**Nyonya** A word used to describe a Chinese lady who adopts the Malay culture. The male equivalent is called the “Baba”, and both of them are known as the “Peranakans”.

**Pahang** is a state in Malaysia that boasts of long sandy beaches, and is blessed with beautiful islands and virgin tropical jungles for the adventurers.

**Pangkor Island** A popular island off the coast of Lumut, Perak, Pangkor has an interesting blend of good beaches and fishing villages.

**Pangkor Laut Resort** is located on the privately owned Pangkor Laut Island, and is one of the most luxurious resorts in the world. It is a beautiful and exotic hideaway with garden and sea chalets, fine dining and a wide range of 5-star facilities.

**Pantai Beach**

**Pantai Cenang** is a 2km beach in Langkawi Island, It is a major tourist destination with plenty of budget accommodations, and not to mention great sunset views.

**Pantai Kok** Located north of Pantai Cenang, this beautiful beach has clear water and a couple of up-market resorts for the visitor.

**Paradise Island Resort** is a backpackers’ favorite, consisting of rooms with fans, attached bathrooms and basic resort amenities. It is located on one of the best beaches found in Perhentian Besar Island.

**Pasir Panjang** is the longest and most popular white sandy beach on Redang Island with lots of good resorts.

**Payar Island** Located just off the Langkawi Island, Payar Island is part of the west coast marine park blessed with beautiful coral reefs and marine life for a great diving and snorkeling experience.

**Payar Marine Park** is the first west coast marine park off the island of Langkawi. A haven for divers and snorkeling enthusiasts, Payar Marine Park is filled with colorful soft coral and a variety of marine life. The Park consists of four islands, namely Payar, Kaca, Segantang and Lembu.

**Pemanggil Island** Off the coast of Mersing, Johor, Pemanggil can only be reached by fishing boats. The island has fishing villages and is an angler’s paradise.

**Penang Island** is situated off the northwestern coast of Peninsular Malaysia, and is also known as the “Pearl of the Orient”. Penang has a rich history from its British colonial days. Now, tourists flock there for its delicious hawker food and serene beaches.

**Perhentian Islands** Consisting of Perhentian Besar and Perhentian Kecil, these islands are wildly popular and are considered one of the best travel destinations in Malaysia because of their white and powdery beaches, crystal clear water, beautiful coral reefs and varied marine life.

**Petronas** Malaysia’s national oil and gas organization.

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**Petronas Twin Towers** Once the world's tallest buildings, the Twin Towers were designed by architect César Pelli to reflect the country's Muslim heritage. "Spiderman" Alain Robert once attempted to scale one of the towers using only his bare hands, but was arrested by the police on the 60th floor.

**Puduraya** The main bus terminal in Kuala Lumpur.

**Puchong** A residential, business and industrial suburb located in the Klang Valley.

**Pulau Island**

**Putra Station** The Putra is a Light Rail Transit (LRT) network in Kuala Lumpur and its suburbs.

**Putra World Trade Centre** is Kuala Lumpur's premier business shopping center with modern facilities for conferences, trade shows and even concerts.

**PWTC** See Putra World Trade Centre.

**Rainbow Chalets** Located on one of the best beaches in Tioman Island, this rustic resort comes with chalets equipped with fans and basic amenities. A favorite among backpackers.

**Rawa Island** Off the coast of Mersing, this island is popular for its white sandy beaches, cool green waters and coral reefs. Tourists often flock to this island for fishing, snorkeling and scuba diving.

**Redang Island** One of the most beautiful islands in the world, Redang is situated off the coast of Terengganu. The island is perfect for sun bathing, diving and snorkeling. Resorts are aplenty and access to Redang is via Marang or Kuala Terengganu. Like most islands on the east coast, Redang is mainly deserted during the monsoon period between November and February.

**Redang Beach Resort** A resort located on the popular Pasir Panjang beach in Redang Island, Redang Beach has more than 100 chalets with full resort facilities. Guests staying there have easy access to coral reefs for diving and snorkeling activities.

**Redang Lang Resort** A recently built resort in Lang Tengah Island with a private beach, Redang Lang comes with air-conditioned rooms and full amenities. The resort faces crystal clear sea filled with coral reefs.

**Redang Marine Park** Located off Peninsular Malaysia's east coast, the marine park consists of nine magnificent islands with Redang being the largest and most popular. With calm and clear sea and a rich marine life, the marine park is an unforgettable experience for divers and snorkelers.

**Redang Pelangi Resort** A resort located on the Pasir Panjang beach in Redang Island and is popular among visitors for its white sandy beach, blue crystal sea and hot sun. The resort offers diving and snorkeling activities.

**Roti Canai** Also known as the "flying bread" because of the way it is cooked, this dish comes from India and has become a popular dish among Malaysians. Roti Canai is basically flattened dough cooked on a flat iron skillet.

**Sabah** One of the two states in East Malaysia, Sabah has a variety of attractions for its visitors including national parks, an orangutan sanctuary, and marine parks.

## Resources

**Salang** A village located north of Tioman Island, with good beaches and plenty of accommodations.

**Sandakan** is a town in Sabah, and gateway to a variety of eco-adventures including trekking in national parks, caving, visiting the orangutan sanctuary, island hopping and river trips.

**Sapi Island** is one of the many islands in the Tunku Abdul Rahman (TAR) Marine Park off the coast of Kota Kinabalu, Sabah. The island has plenty of cute monkeys to entertain the visitor, and clear waters, making it an enjoyable destination for swimming and snorkeling.

**Satay** A dish consisting of chunks of grilled meat on wooden skewers eaten with peanut sauce, onions and cucumbers. Kajang Satay is probably the most well known and delicious brand of satay. See Kajang.

**Selingan Island** Off the northeast coast of Sabah, this island is part of the “Turtle Islands” group, with rich marine life and perfect for snorkeling. Selingan is also a turtle hatchery. There you get a chance witness turtles coming ashore and laying their eggs.

**Sepilok Orangutan Rehabilitation Centre** is an orangutan rehabilitation sanctuary in Sabah, Many confiscated and orphaned orangutans go there to be rehabilitated before being released back into the jungle.

**Setiawangsa** A mainly residential and commercial suburb in Kuala Lumpur.

**Seven Wells** is a magnificent waterfall with seven natural ponds. Located in Langkawi Island, there are tales of fairies bathing in its cool waters.

**Sibu Island** is off the east coast of Johor, and makes a perfect getaway for scuba divers, snorkelers and those who just want to escape the hustle bustle of city life. There are a couple of lovely resorts in the island catering to all types of budgets.

**Singa Besar Island** Situated south of the main Langkawi Island, Singa Besar is famed for its variety of flora and fauna. The island is also a wildlife sanctuary where one can discover a variety of animals and reptiles roaming freely.

**Singapore** One of the worlds most developed and richest countries, Singapore is an island-state in Southeast Asia, and is linked by two bridges from the southmost end of Peninsular Malaysia.

**Sipadan Island** The three islands of Sipadan, Mabul and Kapalai are located off Semporna, Sabah. They are considered one of the top diving destinations in the world with an astonishing array of marine life and magnificent coral reefs.

**Sogo** is a Japanese departmental store chain.

**South China Sea** is part of the Pacific Ocean, covering an area from Malaysia and Singapore up to Taiwan.

**Stadthuys** Red-colored historical buildings in Malacca city constructed by the Dutch that was once the official home to the Dutch governors.

**Subang** is a residential and commercial suburb located next to Kuala Lumpur in the Klang Valley.

**Sunway Lagoon** is a theme park located in the heart of the Klang Valley. Once a tin mine, it is now packed with thrilling rides, a water park, restaurants, a mall and a 5-star hotel.

**Taman Negara** See National Park

**Tanjung Inn Chalets** A collection of chalets in Cherating, Pahang. It provides good and clean accommodation for tourists and families visiting the beach. See Cherating.

**Telaga Tujuh** See Seven Wells.

**Teluk Aur** See Coral Bay

**Teluk Intan** is located in Perak and has a leaning tower as one of its few attractions. This town is also known for its homemade “Heong Peng” or Teluk Intan biscuits.

**Teluk Kalong** An industrial township near Kertih, Terengganu. Teluk Kalong is also the name of a popular beach in Redang Island.

**Teluk Man** is a beach in Pangkor Island with clear water, making it perfect for swimming and sunbathing.

**Teluk Nipah** One of the most popular beaches in Pangkor Island with plenty of budget accommodations and restaurants for the traveler.

**Tioman Island** Located off the coast of Mersing, Johor, Tioman is a paradise for divers and snorkelers. The island is rated as one of the world’s most beautiful islands with clear blue sea and rich marine life.

**Tongkat Ali** comes from a small plant and is a traditional aphrodisiac in Malaysia. Widely believed to be superior to Viagra, this amazing plant is said to give your sex life an overall improvement.

**Wakaf Bahru** is a small town in Kelantan that consists of a train station catering mainly to tourists on the way to the east coast’s islands.